



Important notice

The information has been compiled for allergenic substances and traces.

In addition, we included the indication **"vegan"** and **"raw"** . Vegan means that no animal products are contained as an ingredient. Production-related traces of animal products, however, cannot be excluded but are significantly below 0,1%.
A minus sign in the "vegan" column means that the product is unsuitable for vegans. Raw means that products are produced under 40°C. A minus sign in the "raw" column is for products that have temperatures above 40°C during the production.

In the column **„contains the following ingredient“** the ingredients in the labelled products are marked with a capital letter. Products with a minus sign do not contain these ingredients. However, the products may contain production-related traces in smallest quantities.

The column **„may contain XY“** gives you a good overview of where allergen cross contact is contained.

Please take note, that if a product contains an allergen as ingredient, the allergen will not be declared as "may contain XY" and will be marked with a minus sign. Allergen cross contacts may occur due to different reasons.
Pasta e. g. may contain gluten-containing, airborne dust from the grain storage silo where the cereal for the pasta production was stored. Major reasons for a contamination with allergens are storage and processing.

The indication **"edible nuts"** summarises all nuts.

This means that a product labelled "may contain edible nuts" may contain hazelnuts, almonds, cashews, pistachios, walnuts, pecan nuts, macadamia nuts or Brazil nuts.

We always list peanuts separately as they are a legume.

Please note that the **allergens from the EC regulation 1169/2001 on the provision of food information to consumers** can be found exclusively in the individual product descriptions in the Rapunzel web shop at <https://shop.rapunzel.de>. There you will also find descriptions of all special and seasonal Rapunzel articles. The following overview list is updated every four months. Since the allergens for our products may individually differ from time to time, we would like to ask you to also check the allergens in the individual products.

Art-No.		Article description	Size	contains the following ingredient													may contain XY									
				vegan	raw	gluten	egg	peanut	soy	milk	edible Nuts	Celery	Mustard	sesame	sulfites	lupins	gluten	egg	peanut	soy	milk	edible Nuts	Celery	Mustard	sesame	sulfites
	110100	Peanut butter fine 100% peanuts	250 G	V	-	-	-	P	-	-	-	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	110150	Peanut butter fine 100% peanuts	500 G	V	-	-	-	P	-	-	-	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	110300	Peanut butter crunchy salted	250 G	V	-	-	-	P	-	-	-	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	110400	Peanut butter crunchy salted	500 G	V	-	-	-	P	-	-	-	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	110690	Peanut butter creamy	250 G	V	-	-	-	P	-	-	-	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	110695	Peanut butter creamy	45 G	V	-	-	-	P	-	-	-	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	110730	Peanut butter crunchy	500 G	V	-	-	-	P	-	-	-	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	110735	Peanut butter crunchy	250 G	V	-	-	-	P	-	-	-	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	110850	Roasted peanut butter with coconut blossom sugar	250 G	V	-	-	-	P	-	-	-	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	120105	Hazelnut butter, demeter	250 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	120150	Hazelnut butter	500 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	120170	Hazelnut butter crunchy	250 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	120300	Hazelnut spread	250 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	130100	Almond butter	250 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	130150	Almond butter	500 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	130170	Almond butter Crunchy	250 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	130210	Coconut & almond butter with date	250 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	130235	Coconut & hazelnut butter with date	250 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	130275	Coconut & hazelnut butter with date and cocoa	250 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	130295	Nougat Spread White	250 G	-	-	-	-	-	-	M	En	-	-	-	-	-	-	-	-	En	-	-	Se	-	L	
	130355	Almond nougat spread	250 G	-	-	-	-	-	-	M	En	-	-	-	-	-	-	-	-	En	-	-	Se	-	L	
	130380	Nougat spread, without palm oil	250 G	-	-	-	-	-	-	M	En	-	-	-	-	-	-	-	-	En	-	-	Se	-	L	
	130485	White almond butter, from Europe	500 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	130495	White almond butter, from Europe	250 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	130500	White almond butter	250 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	130600	White almond butter	500 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	130620	White almond butter crunchy	250 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	130650	Almond spread	250 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	130655	Almond spread	40 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	130705	Almond Tonka spread	250 G	-	-	-	-	-	-	M	En	-	-	-	-	-	-	-	-	En	-	-	Se	-	L	
	130715	Almond Tonka spread	40 G	-	-	-	-	-	-	M	En	-	-	-	-	-	-	-	-	En	-	-	Se	-	L	
	130730	Roasted almond butter with coconut blossom sugar	250 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	130755	Coconut almond spread	250 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	130770	Coconut almond spread	40 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	130800	Macadamia spread HIH	40 G	-	-	-	-	-	-	M	En	-	-	-	-	-	-	-	-	En	-	-	Se	-	L	
	130805	Macadamia spread HIH	250 G	-	-	-	-	-	-	M	En	-	-	-	-	-	-	-	-	En	-	-	Se	-	L	
	140200	Cashew butter HIH	250 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	140220	Cashew butter HIH	500 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	140250	Cashew spread	250 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	150100	Mixed nut butter	250 G	V	-	-	-	P	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	150150	Mixed nut butter	500 G	V	-	-	-	P	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	L	
	160230	bionella chocolate hazelnut spread, vegan HIH	750 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	-	
	160242	bionella chocolate hazelnut spread, vegan HIH	45 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	-	
	160275	Tiger hazelnut nougat spread HIH	400 G	-	-	-	-	-	-	M	En	-	-	-	-	-	-	-	-	En	-	-	Se	-	L	
	160283	bionella chocolate hazelnut spread, vegan HIH	400 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	-	
	160310	Samba almond	250 G	-	-	-	-	-	-	M	En	-	-	-	-	-	-	-	-	En	-	-	Se	-	L	
	160350	bionella chocolate hazelnut spread, vegan HIH	15 G	V	-	-	-	-	-	-	En	-	-	-	-	-	-	-	M	En	-	-	Se	-	-	
	160495	Samba choc. hazelnut spread	45 G	-	-	-	-	-	-	M	En	-	-	-	-	-	-	-	-	En	-	-	Se	-	L	
	160500	Samba choc. hazelnut spread	250 G	-	-	-	-	-	-	M	En	-	-	-	-	-	-	-	-	En	-	-	Se	-	L	
	160550	Samba choc. hazelnut spread	500 G	-	-	-	-	-	-	M	En	-	-	-	-	-	-	-	-	En	-	-	Se	-	L	
	160590	Samba choc. hazelnut spread	750 G	-	-	-	-	-	-	M	En	-	-	-	-	-	-	-	-	En	-	-	Se	-	L	

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